

# Healing & Hope

2015-2016 ANNUAL REPORT



East Liberty Family Health Care Center

A Christian Ministry of Whole Person Health Care

#### FOOTPRINTS IN THE SAND

One night I dreamed I was walking along the beach with the Lord. Many scenes from my life flashed across the sky.

1225

In each scene I noticed footprints in the sand. Sometimes there were two sets of footprints, other times there was one only.

This bothered me because I noticed that during the low periods of my life, when I was suffering from anguish, sorrow or defeat, I could see only one set of footprints, so I said to the Lord,

"You promised me Lord,

that if I followed you, you would walk with me always. But I have noticed that during the most trying periods of my life there has only been one set of footprints in the sand. Why, when I needed you most, have you not been there for me?"

The Lord replied, "The years when you have seen only one set of footprints, my child, is when I carried you."

- Mary Stevenson, 1936



Rodney B. Jones Chief Executive Officer

#### Hello Friends.

East Liberty Family Health Care Center is a Christian Ministry of Whole Person Health Care. We believe that God has given us the gift to provide medical care while including his strength, mercy and wisdom in our daily patient treatment plans. We work diligently and judiciously to integrate our mission into our daily interactions with our patients, staff and community partners.

We are proud to offer top quality health care to everyone regardless of their ability to pay. Our primary mission is to serve the uninsured, underinsured and the underserved. However, one-third of our patients have commercial insurance. Our patient satisfaction scores and quality outcomes consistently rank within the top percentile within our service area, the state and nationally.

Last year we served more than 8,700 patients throughout more than 32,000 visits.

plan of care and treatment goals.

health care environment.

FQHCs have a distinctive and critical role in the health care delivery system. They are distinguished by being experts in delivering quality health care to the uninsured, underinsured, and the underserved.

East Liberty Family Health Care Center will maintain sustainability by maximizing our relationship with our patients and our benefactors to ensure that they genuinely feel valued. We will continue to become more engaged within the community and with our community partners, and together we will serve all through healing and hope in our communities.

We will continue to focus on meaningful quality care and efficiencies.

I selected the theme reflected in this annual report based on the poem by Mary Stevenson titled "Footprints in the Sand."

With God's mercy and strength, East Liberty Family Health Care Center will ensure that all of our patients receive the highest quality whole-person health care.

Sincerely,

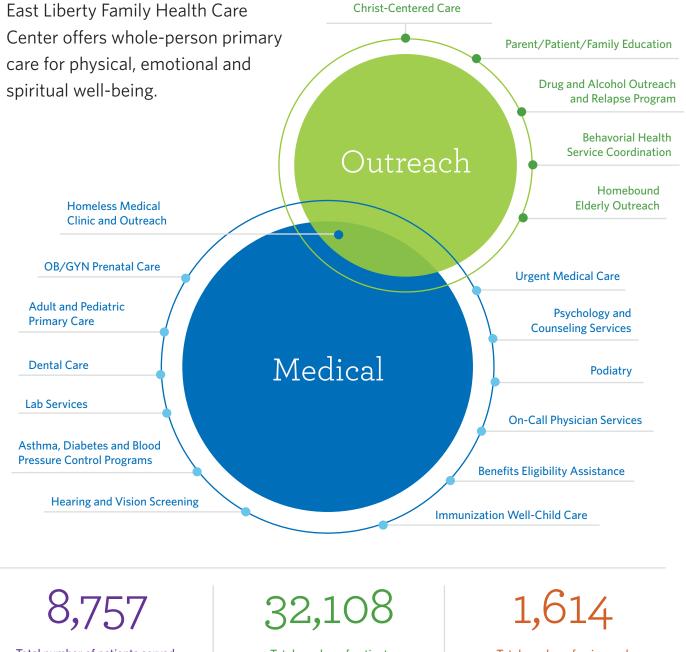
Rodney B. Jones, Sr. Chief Executive Officer

## A Message from Our CEO

In a Federally Qualified Health Center (FQHC) community health is a specialization which requires unique skills to ensure patients are receiving high-quality care and are active participants in their

FQHCs are a vital saftey net provider of health care and with the evolution of the Affordable Care Act, I believe that community health centers will become much more dominant providers within the

## Services Offered



## **Our Finances**

#### Patient Services Revenue: \$2.9 million

When possible, our patients participate in paying for their care. We maximize reimbursements from insurers and assure that our patients are enrolled in every program for which they are qualified. Earned revenue from patients is our largest source of revenue.

Each year, we provide \$2 million in "charity care and other uncompensated care." To support this effort, we need to have additional funding to cover patient care. This comes from:

#### Federal Government: \$1.6 million

The Center utilizes federal funding to enable us to serve the uninsured/underinsured at the significant level that we do. We are a Federally Qualified Health Center (FQHC) and receive an annual grant from Health Resources and Services Administration (HRSA) to provide primary health care to uninsured, underinsured and underserved people. This valuable, renewable source of funding, requires high levels of service and accountability. We are proud of the clinical outcomes and measures of financial stewardship that our federal funding requires of us. We are grateful that our federal government recognizes the importance of funding community-based groups to care for the most vulnerable in our midst.

#### Foundations: \$1.3 million

Philanthropic and corporate foundations are strong partners with us, supporting existing and new projects, safety net enabling services and capital needs. Their gifts allow us to provide many of our "mission critical" services that help to break down the barriers that keep our neighbors from accessing our services.

#### Health-Related Corporations: +\$100,000

Many local hospitals and health insurers share our mission of providing quality health care for all people without regard to ability to pay. The region's largest health plans, service providers and payers (Gateway, UPMC and Highmark) partner with us in many ways because they've recognized the important role we play in the Region's Health Care Safety Net.

#### Churches & Individuals: +\$300,000

We depend on local churches and individuals to be a strong foundation of financial and spiritual support. These donors trust that we are good stewards of our resources. They know that we keep Jesus Christ at the center of our activities and that their gifts are used to provide quality, whole person, compassionate, loving care.

#### **Local & State Government Funding:** \$150,000

Government entities help us serve our vulnerable brothers and sisters by supporting several of our critical Safety Net services.

The East Liberty Family Health Care Center has permanently restricted net assets, which consisted of the following on December 31, 2015:

Patient Care Endowment Fi Ochiltree Endowment Fund Jackson Home Care Fund .

**Total Endowment**. ...\$ 1,574,287

Total number of patients served.

Total number of patient visits to ELFHCC.

Total number of uninsured patients served by ELFHCC. The figures mentioned above are from the Uniform Data System (UDS). UDS is a reporting requirement for Health Resources and Service Administration (HRSA) arantees, including community health centers. The data are used to improve health center performance and operation and to identify trends over time. UDS data are compared with national data to review differences between the U.S. population at large and those individuals and families who rely on the health care safety net for primary care.

und\$	1,337,042
d\$	188,705
\$	49,106





## Annual Statistics

**Community Health Centers are** all non-profit health care providers that provide comprehensive primary health care. They comprise the largest national network of primary care providers, serving more than 21.7 million people in more than 9,000 locations. In Pennsylvania, there are more than 250 FQHC sites in rural and urban areas, with locations in 44 of the Commonwealth's 67 counties. There are four primary characteristics that distinguish community health centers from other primary care providers:

**1.** Fees based on ability to pay (FQHCs must offer a sliding fee scale)

2. Quality health care for all (FQHCs are open to all and they must meet federal reporting, performance and accountability requirements)

**3.** Highly competent health professional team (FQHCs offer other services to help patients stay well, such as case management, pharmacy, lab testing, social services and translation)

**4.** Community control to ensure they are responsive to their patient population (at least 51% of people serving on the governing board of an FQHC must be patients served by the FQHC)

#### **Annual Statistics**

The East Liberty Family Health Care Center is a Federally Qualified Health Center (FOHC) and receives support through the Health Resources and Services Administration of the Department of Health and Human Services (HRSA). Our focus is uninsured, underinsured and underserved. The Uniform Data System (UDS) tracks comprehensive information, including patient demographics, to improve health center performance and operations, and report overall program accomplishments. When we talk about quality measures in health care, FOHCs must meet federal reporting, performance and accountability requirements. Patient data is collected daily and must be reported to HRSA annually.

#### **Patients**

Total Patients	. 8,757
Number of Patients Who Used	
Medical	. 7,829
Dental	. 1,705
Mental Health	237
Substance Abuse	63
Professional/Enabling	587

#### **Patients by Age**

Children (0-18)	1,976
Adult (18-64)	5,912
Geriatric (65+)	

#### **Patients by Insurance Status**

Uninsured	1,614
Children Uninsured (0-18)	179
Medicaid/CHIP	3,381
Medicare	1,142
Other Third Party	2,620

#### **Patients by Income Status**

Percent 200% and	Below	Poverty	6,626
Percent 100% and	Below	Poverty	4,749

#### **Patients by Race and Ethnicity**

Racial and/or Ethnic Minority (Percent Knows	n)
Hispanic/Latino Identity	8.8%
African American	59.4%
Asian	1.6%

#### Visits

Total Visits	
Medical	
Dental	
Mental Health	
Substance Abuse	
Other Professional Services	
Enabling	

#### Staffing

_	
Total Staff75	
Full time 57	
Part time	
Physicians13	
Physician Assistants2	
Certified Nurse Practitioner1	
Dentists	
Dental Hygienist 1	
(of which some are full time and others part time.)	

#### **Quality of Care/Health Outcomes**

Improving quality is about making health care safe, effective, patient-centered, timely, efficient and equitable. There has never been such a focus on improving the quality of health services as there is today where all staff have a role to play in ensuring that health care services continue to improve.

We are honored to report that ELFHCC earned a \$79,353 quality award from the U.S. Department of Health and Human Services Health Resources and Services Administration (HRSA). This grant was the largest awarded to a family health care center in Southwestern PA. ELFHCC is one of approximately 40 Federally Qualified Health Centers (FQHC) in Pennsylvania and one of 1,202 FQHC nationally. The Health Center is among the top 30 percent of all health centers that achieved the best overall clinical outcomes. HRSA-funded health centers are expected to have ongoing quality assurance and improvement programs that improve patient care and outcomes. Health centers that meet or exceed quality improvement measures in their annual Uniform Data System reports can receive quality improvement award payments that reward their achievements and support further improvement. We continually strive to provide our patients with quality wholeperson health care. This award was restricted to continuing to improve our quality measures.

#### These are a Few of ELFHCC's Quality Measures:

#### **Tobacco Use Screening & Cessation Intervention**

95.7% of patients age 18+ were screened for tobacco use one or more times in the year and those found to be a tobacco user, received cessation counseling intervention or medication.

#### Asthma Pharmacologic Therapy

91.4% of patients ages 5 - 40 diagnosed with persistent asthma have an acceptable pharmacological treatment plan.

#### **Patient-Centered Medical Home**

The patient-centered medical home is a transition away from a model of symptom and illness-based episodic care to a system of comprehensive coordinated primary care for children, youth and adults. Patient centeredness refers to an ongoing, active partnership with a personal primary care physician who leads a team of professionals dedicated to providing proactive, preventive and chronic care management through all stages of life. These personal physicians are responsible for the patient's coordination of care across all health care systems facilitated by registries, information technology, health information exchanges, and other means to ensure patients receive care when and where they need it. With a commitment to continuous quality improvement, care teams utilize evidencebased medicine and clinical decision support tools that guide decision-making as well as ensure that patients and their families have the education and support to actively participate in their own care. Payment models are moving to a system that recognizes and incorporates the value of the care teams, non-direct patient care, and quality improvement provided in a patient-centered medical home.

ELFHCC is recognized by the National Committee for Quality Assurance (NCQA) as a Level 3 Patient Centered Medical Home; the highest level of recognition.

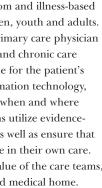
## **Childhood Immunization**

91.2% of children have received age appropriate vaccines prior to their third birthday.

#### **Coronary Artery Disease**

87.7% of patients age 18+ with a diagnosis of CAD were prescribed a lipid lowering therapy.









# Quality Recognition

Pittsburgh Magazine recently honored five East Liberty Family Health Care Center physicians, naming them among the region's "Best Doctors." We are grateful to doctors Balestrino, Blandino, Hall, Wilson, Zimmerman, and all our physicians for their outstanding service to our patients and the community.

Diane Balestrino, MD Family Practice, Geriatrics



Dr. Balestrino specializes in Family Medicine and Geriatrics. She was called to care for uninsured, underinsured and underserved patients at ELFHCC in 1992.

Dr. Balestrino is also affiliated with UPMC Shadyside and UPMC St. Margaret Geriatric Care Center. In addition to seeing patients at the health center, Dr. Balestrino visits homebound elderly as part of the health center's Home Care Team. Witnessing the care and genuine compassion she shows every patient, it is fitting that she is one of Pittsburgh's Best Doctors. When she is not focusing on the diverse health care needs of her patients, Dr. Balestrino enjoys spending time with her family.

David Blandino, MD Family Practice, Geriatrics



Dr. Blandino is a Family Physician who has been engaged in nearly all aspects of health care, from clinical practice to clinical teaching to writing.

He has been with ELFHCC for over seven years and is on staff at UPMC Shadyside, Magee Womens Hospital of UPMC and West Penn Hospital. In addition to being one of Pittsburgh's Top Docs, Dr. Blandino is a published author with articles in peer reviewed journals. He serves as Chairman of The Board at Allegheny Health Network, Inc. and serves as a Board Member of Highmark Inc. and West Penn Allegheny Health System.

Dr. Blandino enjoys time with his family, involvement at his neighborhood church and has an interest in improving population health.

**David Hall, MD** Family Practice, Geriatrics



Anyone who knows Dr. Hall recognizes why he has been voted one of Pittsburgh's Best Doctors three years in a row.

The founding physician of ELFHCC, Dr. Hall embodies the mission of the center by empowering his patients through christ-centered, whole-person quality care. In addition to the health center, Dr. Hall and his wife Suzie are respected members at Church of the Ascension and are active in many service organizations in the community.

Dr. Hall likes bicycling and most of all spending time with his family.

Stephen A. Wilson, MD Family Practice

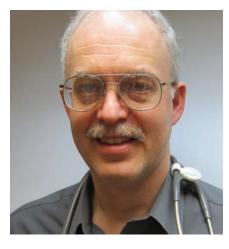


Over 17 years ago, Dr. Wilson was attracted to ELFHCC for the opportunity to combine his love of Christ with his profession of medicine, treating the whole-person, medically and spiritually, in a way that was not afforded at other medical institutions in the city.

Throughout the years, Dr. Wilson has mentored residents rotating through the Family Residency Program at St. Margaret's Hospital and the Christian Medical and Dental Association and introduced them to a different kind of patient care model by experiencing community medicine at a FOHC.

Dr. Wilson, his wife Kristen and their two daughters worship and serve at Allegheny Center Alliance Church and, on rare occasion, when time permits, rumor has it that Dr. Wilson will leave home before dawn to play golf.

#### **Richard Zimmerman, MD** Family Practice, Preventive Medicine



Dr. Zimmerman has been with ELFHCC since 1991.

He has been the principal investigator on Centers for Disease Control-funded studies about how well influenza vaccine works, racial disparity and adult immunization, and on ways to increase vaccination rates.

Dr. Zimmerman has authored over 200 publications on immunizations and vaccine-preventable diseases. He has received national awards for his research on immunization and for his curricular materials on immunization.

Away from patient care, Dr. Zimmerman likes to exercise and spend quality time with his children who enjoy participating in Special Olympics events and handicapable square dancing.

#### OUR **MEDICAL STAFF**

Gregory Anderson, MD Pediatrician

Diane Balestrino, MD Family Practice, Geriatrics

David Blandino, MD Family Practice

Eileen Boyle, MD Medical Director, Quality Assurance

Krista Cooke, MD Family Practice

Mary Ellen Cuccaro, DMD Dentist

Jessica Diggs, MD Family Practice, Obstetrics

Zylphia Ford, PA Physician Assistant

David Hall, MD Medical Director, Operations

Melanie Morrow, DMD Dentist

Lisa Raffensperger, RDH Dental Hygenist

Ruby Shepherd, MD Family Practice

Laura Styles, PA Physician Assistant

Betty Mae Tatman, CRNP Pediatric Nurse Practitioner

Theresa Tran, DO Family Practice, Obstetrics

Joseph Weaver, MD Family Practice

Sima Weaver, MD Family Practice, Obstetrics

Leon Williams, DMD Dentist/Dental Director

Stephen Wilson, MD Family Practice

Richard Zimmerman, MD Family Practice



Leon Williams, DMD Dental Director



Members of the Mission Committee at the Southminster Presbyterian Church in Mt. Lebanon. L-R Ginny Peet, Marian Bragdon, Alice May Burger and Cheryl Polito.

## ELFHCC Welcomes New Dental Director

Leon Williams, DMD joined the East Liberty Family Health Care Center on February 29, 2016 in the role of Dental Director.

Dr. Williams attended Pittsburgh Public Schools, graduated from Schenley High School and completed his undergrad at Fisk University in Nashville, TN. Returning to Pittsburgh, he enrolled in and graduated from the University of Pittsburgh School of Dental Medicine.

Dr. Williams created a successful private dental practice in East Liberty for over 30 years and for almost as long, he was the Dental Director at another Federally Qualified Health Center (FQHC) in the area. ELFHCC is blessed to have his extensive experience with FQHCs and dentistry leading our dental team. Dr. Williams will be responsible for the operation of both ELFHCC's Dental Centers located in Lincoln Lemington and Hosanna House in Wilkinsburg.

Dr. Williams is married and has two daughters.

### **DENTAL FACILITY GAINS A NEW FOUNDATION**

Blessings abound in the Dental Center as a brand new, beautiful floor was installed thanks to a generous donation from The Mission Committee of Southminster Presbyterian Church.

Their gift provided for a much needed renovation to the 15-year-old floor at the Lincoln Lemington location that had to bear the impact of more than a few flooding occurrences. A few months ago the City of Pittsburgh made repairs to underground pipes that should prevent against future flooding. Now patients and staff alike do not have to look at an old, much worn floor but can enjoy a lovely modern floor thanks to the generosity of the Southminster Presbyterian Mission Committee.

4,214

Total number of dental visits.

1,705

Total number of dental patients served.



# A Message from Our Medical Director

#### Dear friends in Christ,

As you know, 2015 has been a year of change at the East Liberty Family Health Care Center. After five years of leading the health center, Dr. Eileen Boyle resigned her position as CEO.

The Board of Directors worked judiciously to review resumes and interview prospective candidates. Thoughtfully and prayerfully, Rodney B. Jones, Sr. was hired to continue to move ELFHCC forward while striving for excellence in quality primary care, which you will read about further in this report, and to keep our mission to witness God's love, known to us in Jesus Christ, a priority for our patients, the Health Care Center and each other.

There seems to always be a guarantee in life that change will happen and while changes to our clinical and office staff have occurred, our patients continue to be the focus of our ministry as we proclaim Jesus Christ as Lord and demonstrate his love by providing affordable, quality primary health care to the uninsured, underinsured and underserved. Take comfort in knowing Jesus Christ is the same yesterday and today and forever, Hebrews 13:8.

#### Sincerely,

Dr. David Hall Medical Director-Operations



## OUR LEADERSHIP TEAM

**Erin Bindewald** Director of Nursing

**Eileen Boyle, MD** Medical Director, Quality Assurance

Kim Fedor Chief Operating Officer

**Debra Felton** Administrative Coordinator Supervisor

Yancy Guinyard Medical Records Supervisor

David Hall, MD Medical Director-Operations

Martha Hochendoner Quality Manager

Rodney Jones Chief Executive Officer

Alice Keister Billing Manager

Elaine Kulman Accounts Manager

Heather Lawrence Office Manager

Cathy Lucot Nurse Manager, Lincoln Lemington

Lynette MacLeod Nurse Manager, East Liberty

Andrew Pernesky Chief Financial Officer

Celeste Rhodes Director of Human Resources

Renee Teichman Home Care Coordinator

Jo Ellen Welsh Director of Development & Community Outreach

Leon Williams, DMD Dental Director

Bonita Young Executive Assistant

# Thank You For Your Support

East Liberty Family Health Care Center thanks our many community supporters for their contributions July 1, 2014 through December 31, 2015.

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Ms. Georgette Powel

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David Hall, MD **Executive Officer** 

Rodney B. Jones, Sr CEO

Stephen P. Paschall, Esq. **Emeritus Director** 

**Reid Carpenter** Emeritus Director

## A Message from Our Board Chairperson

I am proud to serve as the chairperson of the Board of the East Liberty Family Health Care Center and to see the Center working in partnership with the community to improve the health of the people it serves.

The center provides expanded access to care for people who would have a difficult time accessing quality care because they are uninsured, underinsured or underserved.

Our exceptional health care providers and staff are highly recognized in primary, pediatric and oral health care. In 2015, our centers touched the lives of 8,757 people providing whole-person and spiritual care.

Running in the background, the commitment of our management team keeps our center's doors open and accessible to all so that we may continue to be an ever-present beacon in the community where everyone is welcome regardless of race or ethnicity or ability to pay.

My fellow Board Members and I are eternally grateful to the foundation community, our benevolent church partners, business supporters and selfless individual donors for the time, support and commitment you show the patients of ELFHCC on a daily basis.

Through God's grace and love we plan on continuing to provide whole-person health and spiritual care and improve quality outcomes for our patient population now and well into the future.

Sincerely,

Kathy Mayle Towns Board of Directors, Chairperson OUR MISSION:

To witness to God's love, known in Jesus Christ, by empowering our patients through community-centered, whole-person quality health care for all, which includes those who are uninsured, underinsured and underserved.



**East Liberty** 6023 Harvard Street Pittsburgh, PA 15206 Medical - 412.661.2802





Lincoln Lemington 7171 Churchland Street Pittsburgh, PA 15206 Medical - 412.361.8284 Dental - 412.345.0400 Hosanna House 807 Wallace Avenue Pittsburgh, PA 15221 Dental - 412.345.7730



East Liberty Family Health Care Center

A Christian Ministry of Whole Person Health Care